



SECURE  
ENVIRONMENT  
CONSULTANTS

# Trainings

Life-threatening emergencies can happen fast and having the skills to effectively respond can reduce negative impact on your organization. In fact, SEC believes the most important aspect of your entire safety and security program is training.

When employees are prepared to respond to an incident, there is a much higher chance of controlling damage to people, property, and interests. Training empowers individuals to confidently perform when an incident occurs and, ultimately, contribute to the success of the overall response. A lack of training, on the other hand, can detract from the success of the overall response.

**“Under pressure, you don’t rise to the occasion. You sink to the level of your training...”**

— Anonymous Navy SEAL

## How is training delivered to my organization?

Our training programs are available live (onsite) or live (virtual). They can also be available on-demand as part of our eSEC Online Membership Program, which includes self-paced training modules, certificates of completion and printable resources.

## How long is each training course?

Trainings are customized to the unique needs of your organization, but we recommend at least one-hour to provide a comprehensive and applicable course. Some of our trainings require more time, including live scenarios, participant feedback and discussion. We will work with you to schedule trainings that fit within your timeline and exceed your expectations.

**Schedule a Consultation Today**

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# Our Trainings

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## Crisis Communication

This training provides best practices and effective tactics so that your team can provide accurate and timely information to those in need. When an event or crisis occurs, quick and clear communication helps to ensure all stakeholders have the information needed. Investing the time and effort up front will help you effectively meet your responsibilities and obligations, while protecting your reputational assets.

## Tabletop Training for Emergency Response Plans

This discussion-based training simulates a critical incident event led by a senior consultant at your location. The exercise is played out, around a table, with participants responding to the leader's prompts amid the narrative of a critical scenario. Different from a scenario-based training session, tabletop training aims to clarify roles, responsibilities, and resources during an emergency. The leader uses guidelines drawn directly from your emergency plan to reinforce familiarity with related procedures. In a controlled pace discussion, we will provide exploratory exercises meant to draw solutions, clear up uncertainties, identify points for improvement, exercise the decision-making process, coordinate with local first responders and create an after-action report.

## Critical Incident Response Training (CIRT)

Our multi-hazard training program will prepare those charged with leading the response to respond effectively during emergencies. Training includes discussions of the four main response options during emergencies - evacuation, shelter-in-place, lockout, and lockdown. It includes an interactive discussion on common physiological responses that occur during emergencies, as well as strategies to combat the potentially debilitating impact of those responses. In addition, this training covers a broad range of targeted violence hazards, including a violent intruder, bomb threats/suspicious packages and insider violence.

## Critical Incident Response Training (CIRT) with Scenarios

This three-hour training includes all the key objectives listed above, with the addition of (2) live simulated lockdown scenarios. Participants are guided through response options as they implement what they have learned in this session. Participants are given immediate feedback on their successes and recommendations for enhanced coordination, communication, and proficiency in incident response.





## **De-Escalation Training**

This training specifically addresses the ability to reduce the intensity of a conflict or a potentially violent situation. Key objectives include how to recognize verbal and nonverbal warning signs of increasing aggression; how to build a rapport; how to manage your emotional reactivity and how to communicate effectively. Our goal is to teach individuals how to handle intense situations with the priority of keeping everyone involved safe.

## **De-Escalation Training for Transportation**

We address the conflicts and emergency situations that may arise specifically for your transportation staff. Key objectives include preparing bus drivers how to respond effectively during medical emergencies; discuss common physiological responses that occur during emergencies, understand the unique emergencies and response protocol when transporting a high needs population; recognize verbal and nonverbal warning signs of increased aggression amongst parents and/or children; how to communicate effectively and how to build a strong rapport.

## **Access Control & De-Escalation Training for Front office Staff**

This training addresses the conflicts and emergency situations that may arise specifically for your front entry staff. Multiple, real-life situations can occur near the front office, including conflicts amongst parents, visitors, students, and family members. Equip your front entry staff on how to practice situational awareness, recognize verbal and nonverbal warning signs of increasing aggression; how to manage emotional reactivity; how to communicate effectively and when to involve local law enforcement.

## **Behavioral Threat Assessment**

This training will discuss the need for organizations to adopt and implement a comprehensive behavioral threat assessment process — from the threat assessment tool to identifying the appropriate response to students in crisis. Key objectives include identification of the appropriate response process, how to identify team members, documentation of support for students in crisis, and integrating threat assessment into the broader framework of safety and security.

## Investigation Training: Best Practices for School Administrators

The goal of this training is to provide the essential elements of a thorough incident investigation, detailing the process from beginning to end. Content includes questioning techniques, preservation of evidence, involvement of law enforcement and basic student rights. Participants will gain the basic skills necessary to conduct an effective incident investigation in a school setting. This training includes scenarios and is specifically designed for school administrators, both experienced and novice.

## Security Personnel Training

This training session is designed for all school security personnel, including School Resource Officers. Key objectives include best practices for building rapport with students, the importance of communication and relationships with staff, and the roles and responsibilities of school security personnel. Your consultant will discuss district policies and administrative procedures relating to school security personnel. Participants will also learn best practices of student incident investigations with regard to FERPA (Family Educational Rights and Privacy Act) and guidance on search and seizure.



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## Schedule A Consultation Today

Learn how SEC can improve your organization's safety and preparedness. Take the first steps towards a safer environment and schedule a consultation with our team today.

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